

Agencies that are providing the Chronic Pain Self-Management Program as of November, 2011

Websites

Stanford University Patient Education Research Centre: <http://patienteducation.stanford.edu/>

Agencies currently offering the Chronic Pain Self-Management Program (CPSMP) in Canada

British Columbia

- **Centre on Aging, University of Victoria, Ladner, B.C.**

Website: <http://www.coag.uvic.ca/>

Mailing Address

University of Victoria
PO BOX 1700, STN CSC
Victoria, BC
Canada V8W 2Y2

Telephone and Fax Numbers

Phone: (250) 721-6369
Fax: (250) 721-6499
Email: senage@uvic.ca

- **Fraser Health, Maple Ridge, B.C.**

Website: <http://www.fraserhealth.ca/>

Mailing Address

Fraser Health
Suite 400, Central City Tower
13450 – 102nd Avenue
Surrey, BC V3T 0H1

Telephone and Fax Numbers

Phone: 1-877-935-5669 or 604-587-4600
Fax: 604-587-4666
Email: feedback@fraserhealth.ca

- **Interior Health Authority, Shuswap Health Services, Salmon Arm, B.C.**

Phone: (250) 832-6643

Alberta

- **Alberta Health Services, Capital Health, Edmonton, AB**

<http://www.albertahealthservices.ca/>

Phone: 1-866-408-5465

- **Alberta Health Services, Chronic Disease Management, Edmonton, AB**
<http://www.albertahealthservices.ca/>

Phone: 1-866-408-5465

*Ontario**

- **Bridgepoint Health, Toronto, ON**
<http://www.bridgepointhealth.ca/>

Mailing Address

Bridgepoint Health
14 St. Matthews Road
Toronto, ON
M4M 2B5

Telephone and Fax Numbers

Phone: 416-461-8252
General Fax: 416-461-5696
E-mail: info@bridgepointhealth.ca

- **Central East Local Health Integrated Network and Community Care Access Centre**
<http://www.centraleastlhins.on.ca/>

Mailing Address

Harwood Plaza
314 Harwood Avenue South
Suite 204A
Ajax, ON
L1S 2J1

Telephone and Fax Numbers

Phone: 905-427-5497 or 1-866-804-5446
Fax: 905-427-9659
Email: centraleast@lhins.on.ca

- **Scarborough, Ontario (many sites across this LHIN)**
<http://www.lhins.on.ca/home.aspx>
- **AIM Health Group and CPM Centres, Toronto and other Ontario sites**
<http://www.aimhealthgroup.com/contact-us/chronic-pain-management-clinics.htm>

- **Yee Hong Centre for Geriatric Care, Scarborough, ON**

<http://www.yeehong.com/>

Mailing Address

Yee Hong Centre for Geriatric Care
2311 McNicoll Avenue
Scarborough, Ontario, M1V 5L3

Telephone and Fax Numbers

Phone: 416-321-6333

Fax: 416-321-6313

Email: centre@yeehong.com

- **Kingston YM/YWCA, Kingston, Ontario**

<http://www.kingston.ymca.ca/index.cfm>

Mailing Address

Wright Crescent Facility
100 Wright Crescent
Kingston, ON K7L 4T9

Telephone and Fax Numbers

Tel: (613) 546-2647

Fax: (613) 549-0654

Email: contact@kingston.ymca.ca

- **Minto Mapleton Family Health Team, Drayton, Ontario**

<http://www.mmfht.ca/>

Mailing Address

Minto-Mapleton Family Health Team
11 Andrews Drive West
P.O. Box 145
Drayton, Ontario
N0G 1P0

Telephone and Fax Numbers

Phone: (519) 638-2110

Fax: (519) 638-5096

- **Providence Health Care, Toronto, ON**

<http://www.providence.on.ca/>

Mailing Address

Providence Healthcare
3276 St. Clair Avenue East
Toronto, Ontario M1L 1W1

Telephone and Fax Numbers

Main reception and patient information: 416-285-3666

Outbreak Hotline: 416-285-3755

E-mail: info@providence.on.ca

- **South West Community Care Access Centre and Family Health Team, London, ON**

<http://www.ccac-ont.ca/Content.aspx?EnterpriseID=2&LanguageID=1&MenuID=1>

Mailing Address

London – Head Office
356 Oxford Street West
London, ON N6H 1T3

Telephone and Fax Numbers

Phone: 519-473-2222
Toll-Free: 1-800-811-5146
Fax: 519-472-4045
Email: info-london@sw.ccac-ont.ca

- **Thames Valley Family Health Team, London, ON**

<http://www.thamesvalleyfht.ca/>

Mailing Address

Thames Valley
Family Health Team
12-1385 North Routledge Park
London ON N6H 5N5

Telephone and Fax Numbers

Phone: 519-473-0530
Email: info@thamesvalleyfht.ca

- **Upper Grand Family Health Team, Fergus, Ontario**

<http://uppergrandfht.org/index.php>

Mailing Address

Central Office
Highlands Plaza
753 Tower Street South
Fergus, ON, N1M 2R2

Telephone and Fax Numbers

Phone: (519) 843 3947
Fax: (519) 843 7386

- **Wasser Pain Management Centre, Mt Sinai Hospital, Toronto, ON**

http://www.mountsinai.on.ca/care/pain_management

Mailing Address

Mount Sinai Hospital
Joseph and Wolf Lebovic Health Complex
600 University Avenue
Toronto, ON M5G 1X5
416-596-4200

Quebec

- **My Toolbox Project, MUHC, Montreal**
<http://mytoolbox.mcgill.ca/en/index.php>

Jessica Vitulano, Program Coordinator
Telephone: 514-934-1934 ext 71585
Email: mytoolbox.mni@mcgill.ca

Dr. Deborah Radcliffe-Branch, Director
Telephone: 514-934-1934 ext 71584

Nova Scotia

- **South Shore Health, Nova Scotia Health, Bridgewater, N.S.**
<http://www.southshorehealth.ca/>

*Other centers in Ontario have taken the CPSMP training but have not yet mounted a program