

*This form is to be completed by the patient:*

### PAIN AND SLEEP QUESTIONNAIRE 3 QUESTION

Thinking back over the last week, how has pain affected your sleep? For each of the following questions, place a slash (/) through the line at the point your feel applies to you.

1. How often have you had trouble falling asleep because of pain?  
NEVER \_\_\_\_\_ ALWAYS
  
2. How often have you been awakened by pain during the night?  
NEVER \_\_\_\_\_ ALWAYS
  
3. How often have you been awakened by pain in the morning?  
NEVER \_\_\_\_\_ ALWAYS